

Kendall County Food Council (KCFC)

FACT SHEET 2014

- **What is the Kendall County Food Council (KCFC)?**

KCFC is a coalition of individuals, churches and organizations engaged in education and advocacy efforts regarding the nature and scope of hunger and food insecurity in Kendall County. KCFS envisions a community where everyone in the county has access to healthy, affordable, sustainable food sources.

- **The KCFC questions why.**

“Should a senior have to choose between purchasing medicine or food?”

“Should a parent have to choose between feeding their children or paying rent?”

- **Is hunger and food insecurity a problem in Kendall County?**

1. Food insecurity rate in Texas is 18.3% vs 13.4% in Kendall County (SAFB, 2012)

2. 4,540 Kendall residents including 1,750 children are food insecure (SAFB, 2012)

3. Boerne ISD reports 20% of children received free or reduced lunch. Comfort ISD reports 50% of children receive free or reduced lunch.

- **What organizations or resources exist to alleviate hunger and food insecurity?**

1. Food Banks: Hill Country Daily Bread and the SA Food Bank

2. Food Pantries: Hill Country Family Services, Boerne; Elizabeth Ann Seton Catholic Church, Leon Springs;

3. Congregate and/or delivered meals: Rainbow Senior Center at Kronkosky Place; Comfort Table, Comfort Methodist Church
 4. National School lunch Program: Boerne and Comfort ISD
 5. Other initiatives: Blessings in a Backpack, community gardens and farmers markets
- **What can you do to prevent hunger and food insecurity in Kendall?**
 1. Visit and/or volunteer at a local food pantry, food bank, congregate or home delivered meal site or community garden
 2. Commemorate September “Hunger Awareness Month”
 3. Donate nonperishable food to your local food pantry or food bank
 4. Donate fresh fruits or vegetables to your local food pantry or food bank
 5. Sponsor a food drive or organize a fundraiser in your neighborhood, workplace, church or service group
 6. Continue to educate yourself about the need and support and advocate for services that prevent hunger and food insecurity especially among vulnerable populations (seniors, children and low income families)
 7. Support agricultural sustainability and management programs so that farmers and ranchers can maintain our food supply from the "farm to the fork"
 8. Contact local government and elected officials and let them know that you personally support food banks, food pantries and missions that feed hungry seniors, children and families